

February 21, 2021

1st Sunday in Lent

Genesis 9:8-15 * 1Peter 3:18-22 * Mark 1:12-15

***“The Spirit drove Jesus out into the desert,
and he remained in the desert for forty days, tempted by Satan” – Mark 1:12***

Even Jesus was called for forty days to fast and pray. It was not easy for him. Satan was there whispering in his ear to try to get him to stop fasting and walk away from his prayer. He could have done that. He was God. But he chose the harder way. He chose to offer up his discomfort to glorify God and grow closer to him. We too are called to forty days of fasting and praying. We may even be tempted as Jesus was to walk away from the sacrifices. But just as the Spirit gave Jesus the strength to keep going, he will give us what we need to continue and grow closer to him.

Dear Lord, thank you for giving us the opportunity to join with you in this time of fasting and praying during Lent. Please give us the grace not to give in to temptation.

What are some ways that you can fight off temptations? What are your favorite ways to pray?



