

Jesus Cures the Sick Gospel Activity

Read: Mark 1:29-39

Reflection: By his actions, Jesus helps us to understand that there are many people in the world who need our help, and we, too, should always be ready to give our time to help them. One way we can help those who are sick and suffering is by praying for them and asking Jesus to make them better.

"Helping Hands" Wreath

You will need:

- Paper plates
- Paper or cardstock
- Scissors
- String or pipe cleaners (optional)
- Glue or tape
- Crayons or markers
- Stickers or other decorations



To make:

1. Decorate the paper plate with verses and captions to recall how Jesus cared for others. Option: leave the plate as is or cut out the center to make it more "wreath-like."
2. Trace a hand on the construction paper or cardstock. Cut out several hands in varying colors. Tip: layer paper to cut multiple hands at once.
3. On each hand, help kids brainstorm and write down ways to care for other people. They might draw a picture to go with the writing, as well.
4. Glue or tape the hands onto the paper plate.
5. Add extra stickers or decorations as desired. Optional: hole punch the plate and add a ribbon or string to hang it up. Another option: glue a magnet to the back of the plate.

As a family read the quote from Teresa of Avila

"Christ has no body now but yours. No hands, no feet on earth but yours. Yours are the eyes through which he looks compassion on this world. Yours are the feet with which he walks to do good. Yours are the hands through which he blesses all the world. Yours are the hands, yours are the feet, yours are the eyes, you are his body. Christ has no body now on earth but yours."