



Prayer for an Empty Nest

Mother Mary,
today the house seems so quiet,
and I am feeling so alone.

Memories of a house full of children,
laughter, and love,
are haunting me.

I am missing those times.

Give me the grace
to sit in the silence,
to let the tears fall,
and then to find joy in the memories.

Give me the grace
to continue the work of this day,
knowing that I am never alone.

Amen